SERRANILLOS COLECTIVAS

LUNES	MARTES	MIÉRC.	JUEVES	VIERNES	SÁBADO	DOMINGO
09:30 - 10:15 **Cycle total (Máx 15)**	09:30 - 10:15 **Total training (Máx 20)**	09:30 - 10:15 **Cycle total (Máx 15)**	18:00 - 19:00 **Total training (Máx 16)**	09:30 - 10:15 **Total training (Máx 16)**		
19:00 - 20:00 **Cycle total (Máx 14)**	18:00 - 18:50 **Total training (Máx 16)**	18:30 - 20:00 **Cycle total (Máx 12)**				
20:05 - 21:05 **Power Yoga (Máx 18)**		20:05 - 21:05 **Power Yoga (Máx 18)**				

31/07/2025